

CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



VIRTUAL ZOOM Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant

www.JulieAnneRichards.com

6:30-8:00 pm

Thursday

February 16, 2023

**PLEASE REGISTER USING
EVENTBRITE LINK BELOW**

ZOOM PRESENTATION

Tailored for Parents,
Caregivers and Educators
supporting children
ages 5 - 12

Free Event!

REGISTRATION REQUIRED (click or copy and paste in browser)

<https://www.eventbrite.ca/e/free-virtual-presentation-on-childhood-anxiety-by-julie-anne-richards-tickets-527948938487>

THE ZOOM PASSCODE WILL BE EMAILED TO ALL THOSE REGISTERED FEB. 16

This Presentation is structured for an Adult Audience

Inviting all parents, caregivers and educators of children on Vancouver Island

Funded by the Eric Palmer Memorial Foundation www.ericfoundation.com